

fit it in

DON'T MISS THIS FITNESS OPPORTUNITY FOR THE WHOLE FAMILY!



JUST 30 MINUTES A DAY

OakFit is in a cooperative arrangement with Waterford Schools. Join the Waterford School District Pool & Fitness Center at Mott High School. All Oakland County employees are eligible to receive special rates.

Workout/swim before work, during your lunch hour, or after work.

Annual Family Membership:	\$205.00
Family 3-Month Membership:	\$65.00
Annual Adult Membership:	\$85.00
3-Month Adult Membership:	\$30.00

AMENITIES INCLUDE:

- Fitness center includes treadmills, upright bikes, recumbent bikes, stair steppers, ellipticals and weight equipment
- Complimentary equipment orientation
- Competitive lap pool with eight lanes
- Leisure pool with jets for resistance swimming
- Locker rooms
- Indoor walking track
- Complimentary group water fitness classes
- Fitness studio includes lunchtime classes, complimentary group fitness classes, wellness classes and access to a wellness coordinator



For membership forms and more information visit OakGov.com/Wellness

**Employees must provide their ID badge or current paystub to join.

Questions?
Dawn Hunt at (248) 858-5473 or huntd@oakgov.com